



# SCHOOL PROGRAMS

## Learning with horses




## THE COMPANY OF HORSEMEN LTD

The company of horsemen are a long established, comprehensively insured and Licensed equestrian and educational centre holding 5 star ratings. The centre operates a small, friendly and inclusive training centre in the west midlands, located in the picturesque village of Milwich close to stone. We offer a safe, stimulating learning environment with fantastic facilities including indoor and outdoor arenas, a training room with state of the art mechanical riding and stunt riding simulators, toilet facilities, warm kitchen and seating area, and an equipped theory room .

Our beautiful horses and ponies are highly trained and work here at the centre when they are not participating in our live show performances of stunt riding, western and jousting. With their exceptional manners and grace we can cater for all levels of horsemanship, especially those who are nervous or who have never dealt with horses before.

We offer a range of educational activities and programmes in addition to normal horse riding lessons. Since 2010 the company of horsemen have delivered school programs to pupil referral units, colleges, care units, short stay schools, home education groups and mainstream schools with great success.

## OUR EDUCATIONAL PROGRAMS



Here we pride ourselves on delivering courses that engage young people from all ages, abilities and walks of life. Our unique equine environment provides a welcoming escape from life where students are given the opportunity to care for and perform with fabulous, highly trained horses. Every program is slightly different and tailor made to suit but all follow clearly structured criteria with achievable learning outcomes, with students receiving certification on completion.



"self belief, acceptance of personal responsibility and self control"

## FOUNDATION SKILLS

The foundation of all our programs are the skills needed to be able to work as part of a team and to work towards personal and group goals. In addition, we aim to develop each individual's self belief, acceptance of personal responsibility and self control. Every young person is treated and taught as an individual with programs adapted to meet the needs of the group, individuals and school curriculum requirements. All courses are run on a small group or individual basis and are delivered to realise the potential in each student with support and training given throughout.

### Our challenge Award Criteria

#### Bronze level horse knowledge award ....

By completing this award Students will find out:

- The various colours and markings horses can have
- The names for different parts of the horse
- How to recognise signs of good and poor health
- How to keep a horse healthy
- The rules of feeding and watering horses
- How to groom a horse and the reasons for grooming

#### Bronze level Horse riding award.....

By completing this award you will find out:

- How to enter and leave the arena safely
- The sequence of footfalls in walk and trot
- The rider aids for halt, walk and trot
- How to achieve the correct position





"self belief, acceptance of personal responsibility and self control"

## Sliver challenge Awards

Helping students understand how to look after horses by developing their knowledge of basic anatomy and feeding .Also knowing why they need to be fit and healthy for the activities they do together.

In the silver riding award students will develop their riding skills to include canter. They will also discover methods and ideas to progress their position and posture, both on and off the horse.

## Our challenge Award Criteria

Sliver level horse knowledge award ....

By completing this award Students will find out:

- Common breeds of horses
- How to measure your horse's height
- Where your horse's major organs are and their functions
- The basic welfare needs of your horse and how to ensure these are met
- How to look after your horse's health
- Some common feeds available for horses and how to prepare them
- Why you should cool down your horse

Sliver level Horse riding award.....

By completing this award Students will...

- Develop and improve balance and position
- Learn to ride in canter
- Learn to ride common school figures and movement
- Ride as a group



"self belief, acceptance of personal responsibility and self control"

## Gold challenge Awards

The gold award is set to Enhance the students relationship with horses. Helping them understand the best way to keep them in a healthy condition by developing grooming and care skills along with knowledge of horse psychology.

Our coach will encourage and support students to develop their riding skills further throughout this gold award. Introducing them to methods and exercises designed to take their balance, coordination and control of the horse to the next level

### Our challenge Award criteria

#### Gold level horse knowledge award ....

By completing this award Students will find out:

- How horses communicate
- How to muck out a stable
- Which plants and trees are poisonous to horses
- How to care for your horse in a field
- How to check the fit of a rug
- Further grooming techniques

#### Gold level Horse riding award.....

By completing this award Students will

- Develop an independent seat
- Ride without stirrups
- Ride individually within a group of riders
- Ride different figures and shapes to develop your riding skills
- develop a balanced jump position





"any academic and physical ability can be catered for"

## Groups and individuals our programs benefit

School groups from any academic and physical ability are catered for. Our environment particularly suits the needs of those students that find the school environment or academic route difficult, or would benefit from developing a special bond with a highly trained animal. We encourage and actively help every group to document their goals and achievements. Each course has its set criteria and learning outcomes. Those included here are just a small proportion of the awards and learning outcomes students can achieve with us, we also offer training in trick and stunt riding and skills for performing with horses.



### SKILLS THE YOUNG PEOPLE LEARN Alongside the challenge awards



Learning takes place in the form of practical, discussion and theory helping to promote

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Self esteem and confidence	Speaking
Teamwork – discussions	Listening
Caring for others	Team work- communication
Positive body language	Empathy
Working towards a goal	Goal setting
Patience	Reward and satisfaction
Fitness and muscle memory	Respect

"the beginning of a lifelong relationship with animals"

## OUTCOMES

The opportunity for each student to express themselves alongside our safe, trained horses has proved to significantly raise students' engagement rates, increase their general attendance and change their life focus. The unique activities give an enormous sense of achievement at each stage, quickly giving rise to stronger self belief and a motivation to learn.

## How the courses operate

The programs are designed to benefit each school or individuals situation, some send groups for a full or half day, others come for an individual hours session once or twice a week. We are happy to work with you to tailor make sessions to suit.

The Company of Horsemen Ltd are a stunt horse display team who have been entertaining the public over the last 15 years with their displays of daredevil horseback riding and skills on the Jousting field. As a 5 star fully licensed Riding and educational Establishment, insured to £5 million Public Liability, we train countless numbers of riders every week and pride ourselves on delivering a safe, friendly learning environment with exceptional levels of customer care and service.

We use only qualified instructors, first aid trained, with enhanced Disclosures and child protection training. As a guide on average it will take 6-8 weeks to complete each challenge award.

Course duration (working towards bronze, silver or gold challenge awards)	Cost per individual	Cost per group up to 4 students (extra students may be added) at additional cost)
1 hour slot (1/2 riding and ½ horse care)	£37	£120
9.30am- 12.30pm (1 hour riding and 2 hours horse care )	£108	£220
9.30am – 2.00pm  (2 x 45minute riding lessons and 2.5 hours horse care, 30minute lunch)	£150	£285

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